

## FIND LOCAL RESOURCES FOR OLDER ADULTS, PEOPLE WITH DISABILITIES, AND CAREGIVERS




### The Aging and Disability Resource Connection (ADRC)

Links older adults and people with disabilities to resources promoting independence, including:

- Accessibility Education
- Assistive Devices
- Adult Day Programs
- Alzheimer's/Dementia Services
- Caregiver Support
- Disability Services and Products
- Educational Programs
- Health Education
- Health Insurance Counseling
- Home-Delivered Meals/  
Nutrition Support
- Home Modification/Repair
- Housing Support
- In-Home Services
- Information & Referral
- Legal Assistance
- Peer Support Groups
- Senior/Community Centers
- Service Coordination
- Transition Services
- Transportation
- Veterans Services

**Options Counselors can help you access services  
and create a plan to live independently.**

#### GET SUPPORT!

 (714) 480-6450

 [adrcoc.org](http://adrcoc.org)



**SCAN THE QR CODE &  
SUBMIT THE REFERRAL  
FORM TO GET SUPPORT**

